

Ionia County Community Mental Health Report to the Community

2011



IONIA

375 Apple Tree Drive
Ionia, MI 48846

BELDING

7441 Storey Road
Belding, MI 48809

PORTLAND

208 W. Bridge Street
Portland, MI 48875

24-HOUR TOLL-FREE CRISIS-LINE

1-888-527-1790

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Webpage

www.ioniacmhs.org

Dear Friends of Ionia County Community Mental Health:

Ionia County Community Mental Health continues to maintain a strong service presence in the community due to aggressive planning and robust organizational outcomes. We have managed over the past several years to maintain a wide range of specialty behavioral health services for the entire community without restricting access based on ability to pay or source of payment. A priority has been placed on prevention and outreach which has led to services in Infant Mental Health, Children's Wrap-Around, School-based Family Outreach, Jail Diversion of persons with a severe mental illness or a co-occurring substance abuse disorder, Autism, and Alzheimer's wrap-around.

A focus on recruitment and retention of top flight clinical staff has allowed maximum productivity and results. Ionia CMH data indicates that staffing decreased from 112 staff in 2001, to 87 staff in 2010 which results in 22% reduction of staff over a ten year period. This was paralleled with the addition of two field offices in Belding and Portland and consequently has led to an increase of 1296 persons served in 2001, to 2994 persons served in 2010, which is a 131% increase in unduplicated number of persons served annually.

The financial situation of Ionia CMH continues to be positive. Our unrestricted fund balance at the end of FY 2010 is approximately 15%. This is essentially the same as the end of FY 2009, due mostly to factors cited above and the inclusion of a late year Section 236 transfer of one time GF funding from the Michigan Department of Community Health of \$150,000. Through a joint collaboration and funding agreement with Ionia-Montcalm DHS, a full-time DHS Medicaid eligibility specialist was co-located at Ionia CMH administrative offices during 2010. This initiative reduced waiting period for Medicaid eligibility of CMH clients and created an additional net saving of \$128,291 in General Fund dollars for FY 2010. This initiative will continue in 2011. Ionia CMS anticipates zero growth of General Fund revenues in the next fiscal year. Our Medicaid funding accounts for 87% of total agency revenue and has remained strong. At the end of FY 2010, Ionia CMH returned \$210,800 in unspent Medicaid to its regional funding entity CEI CMH.

The Affordable Care Act will add approximately 600,000 more recipients to the Medicaid roles in Michigan. This will in all likelihood increase the number of Medicaid eligible recipients seeking service at Ionia CMH while reducing the number of indigent persons served through General Fund and Local dollars. The tradeoff will likely be a reduction in our General Fund allocation from Michigan DCH. The Federal Block Grant Program which funds Alzheimer's Wrap-Around will likely be eliminated. The Ionia CMH Board is committed to continue to Alzheimer's program as Medicaid, Medicare or other funds allow. Medicaid will become an even greater primary funder of services provided by Ionia CMH. This will allow more people access to services, but Ionia CMH will have a narrower range of services it offers to the community at large.

Finally, there is a growing trend for behavioral health to become more integrated with primary health care. This trend will create new challenges and opportunities for Ionia CMH as it moves towards realizing its new Board driven vision statement: "To be an integral and valued partner in a community committed to the wellness and full participation of all its citizens", and its new Mission statement: "To be recognized by both recipients and purchasers as the premiere behavioral healthcare provider in our service area".

Susan Meagher
Board Chairperson

Robert S. Lathers, MSW, LMSW
Chief Executive Officer

Collaboration: Key to Family Preservation

by

Honorable Robert S. Sykes, Jr.



Those of us who work with children and their families must do a better job to ensure that necessary services and support are available for them. The strategies that we use in Ionia County are not unique, but they have proven to be successful. We start with the realization and acceptance that the children and families who enter the system are OUR children and families. They are not the Department of Human Services', Juvenile Court's, Community Mental Health's, the local school district's or any other agencies', but ours collectively.

The Pew Commission, of which current DHS Director Maura Corrigan was a member, identified Coordinating Child Welfare and Other Human Services as one of its major issues. We know that families often have needs that extend beyond what any one agency can provide. Abuse or neglect problems in a family are often compounded by physical or mental health needs, educational issues, substance abuse, poverty and delinquency. In order to successfully find and maintain permanence for children and their families, we must recognize that it is a shared responsibility requiring collaboration and coordination of services across the board.

As the Ionia County Probate Judge, I am fortunate to have a wonderful working relationship with our CMH Director Robert Lathers who has an extensive background in foster care, local DHS Director Michelle Siego and their staffs. CMH has developed specific programs geared toward working with families while at the same time keeping children safely in their homes and in the community. Among these programs are the Family Intervention Team, in-home mentors and therapy services and outpatient family therapy. CMH and DHS collaborate to provide Wraparound and Permanency Planning Conferences to ensure that the families involved in a case are in full partnership with all service providers in all decision making and planning for their futures, including input from the children themselves. We adhere to the saying, "It is not about you without you."

I am grateful for the emphasis that Mr. Lathers and CMH place on providing these services and collaborating so well with the court. In many ways, Ionia County is at the forefront of collaboration when compared with other counties in our state. This is, in large part, because of the philosophy and action of CMH; not just in word but in deed.

Editor's Note:

The honorable Robert S. Sykes, Jr. is a strong advocate for children and families in Ionia County. His philosophy and practice of permanency for children through aggressive collaboration with community agencies earned him the prestigious Robert E. Weiss Award for Excellence in Judicial Leadership from the State Court Administrators office in October, 2010. The Honorable Maura D. Corrigan, then a Michigan Supreme Court Justice, presented Judge Sykes this award at the 2010 Permanency Forum Conference in East Lansing.

“Wellness First” Grant from Michigan Department of Community Health Awarded to Ionia County Community Mental Health

A Community Mental Health Services Block Grant from the Michigan Department of Community Health to provide for the implementation of the initial year of “Wellness First”, is set to begin October 1, 2010. The National Alliance on Mental Illness has noted, “The data clarifies that the American mental health community must work to address at every level—from the individual making choices to the medical education community to public policy leadership—in order to promote better models of care integration and access to culturally adequate services. The expansion of services that promote healthy lifestyles and balanced living for a population that is at risk of dying 25 years earlier than their counterparts, should not only impact longevity, but perhaps more importantly,

The meaningfulness of the lives of those participating in these enhanced services.”

Wellness First provides for group support services during both traditional and non-traditional business hours related to the interconnection between physical and mental health recovery, as well as to enhance coordination between mental health providers and local primary care physicians.

The entire focus is on wellness, recovery, and promoting healthy lifestyles. Key elements include the provision of recovery-oriented groups such as how to develop and maintain friendships, strengthening coping skills/stress management, living a full life, W.R.A.P. groups. Access to smoking cessation classes; diabetes education; healthy lifestyle classes,

Weight management and exercise classes and development of natural supports in the community.

Group supports and services will be available during traditional and non-traditional business hours, but during non-traditional hours. Most groups will be open to the public-at-large. A goal of 50 new groups annually will be incorporated into the service array of Ionia County Community Mental Health.

Alzheimer-Dementia Forget-Me-Not Program receives grant extension

Ionia County Community Mental Health has been awarded a one year extension of Community Mental Health Services Block Grant funding from the Michigan Department of Community Health. The \$50,000 grant will help support services provided through specialized WrapAround programming for Adults with Alzheimer’s Disease and related Dementias.

The Forget-Me-Not Wrap-Around Program was developed by Ionia County Community Mental Health in May 2005 as a Federally Supported Demonstration Project and has served 131 families in Ionia County. According to the Alzheimer’s Association, “with a rapidly aging baby boomer population,

Alzheimer’s will continue to impact more lives.” Alzheimer’s is the 7th leading cause of death. 5.3 million people have Alzheimer’s and there are 10.9 million unpaid caregivers nation-wide.

Alzheimer’s can be devastating to affected person and their caregivers. The caregiver’s mental and physical health can be significantly affected as they prioritize the needs of the person with the disease over their own. Robert Lathers, CEO of Ionia County Community Mental Health stated, “The Ionia County Forget-Me-Not Wrap-Around Program focuses both on the individual with the memory impairment and the support of their caregivers.”

Ionia’s Alzheimer’s Wrap-

Around Program is the only known program of its kind in Michigan.

Robert Lathers, CEO of Ionia County Community Mental Health stated, “The Ionia County Forget-Me-Not Wrap-Around Program focuses both on individual with the memory impairment and the support of their caregivers.”

Ionia County Community Mental Health



VISION

“To be an integral and valued partner in a community committed to the wellness and full participation of all its citizens.”

MISSION

“To be recognized by both recipients and purchasers as the premiere behavioral healthcare provider in our service area.”

2011 Ionia County Community Mental Health Officers

Ionia County Community Mental Health (ICCMH) elected its officers. The ICCMH Board re-appointed its officers. They are Susan Meagher, ICCMH Board Chairperson, Melissa McKinstry, Board Vice-Chairperson, and Deborah McPeek-McFadden, Board Secretary.

Left to right: Deborah McPeek-McFadden, Secretary; Melissa McKinstry, Vice-Chairperson; and Susan Meagher, Chairperson

Friend of Community Mental Health

Ionia County Community Mental Health annually recognizes the achievements of an individual or an agency that has made a difference in the lives of ICCMH consumers.

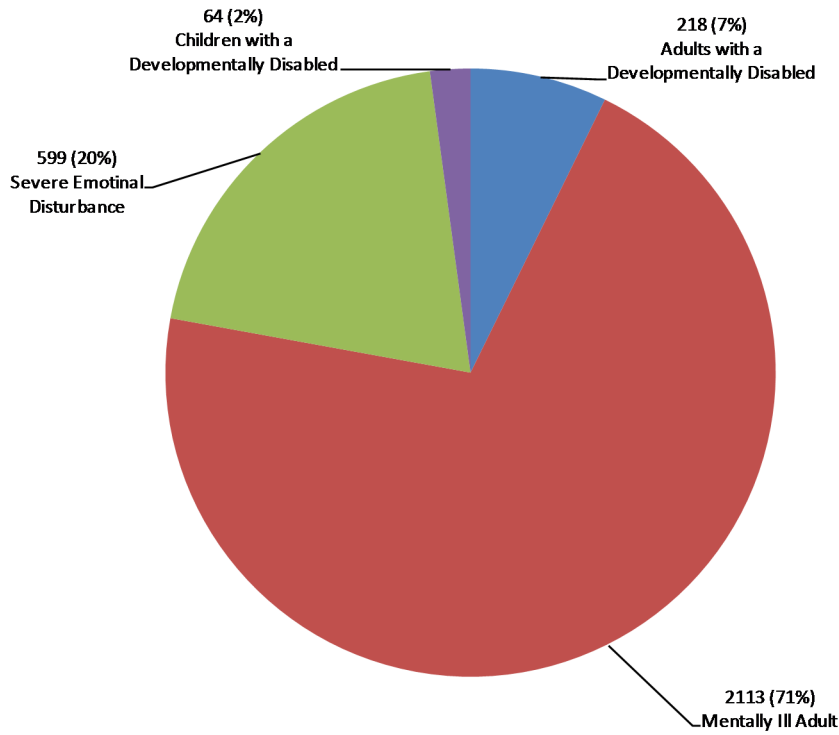
The “Friend of Community Mental Health” for 2010 was presented to the Stockton Charitable Foundation, Verdun Family Funeral Home and only its Director Mike Verdun.

The Stockton Charitable Foundation, Verdun Family Funeral Home and Cremation Services has awarded Ionia County Community Mental Health with two grants to provide services to residents of the Ionia County Community.

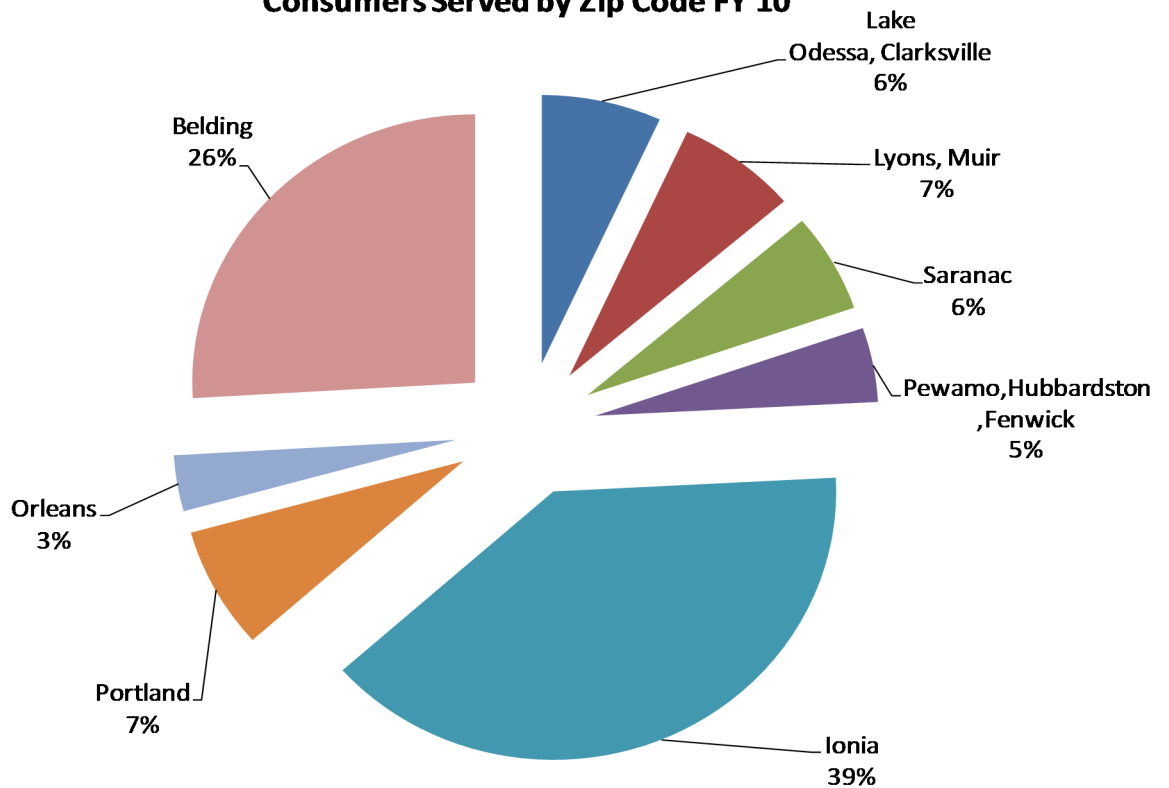


Left to right: Board Chairperson, Susan Meagher, Director of Verdun Family Funeral Home and Cremation Services, Mike Verdun, and CEO Robert S. Lathers

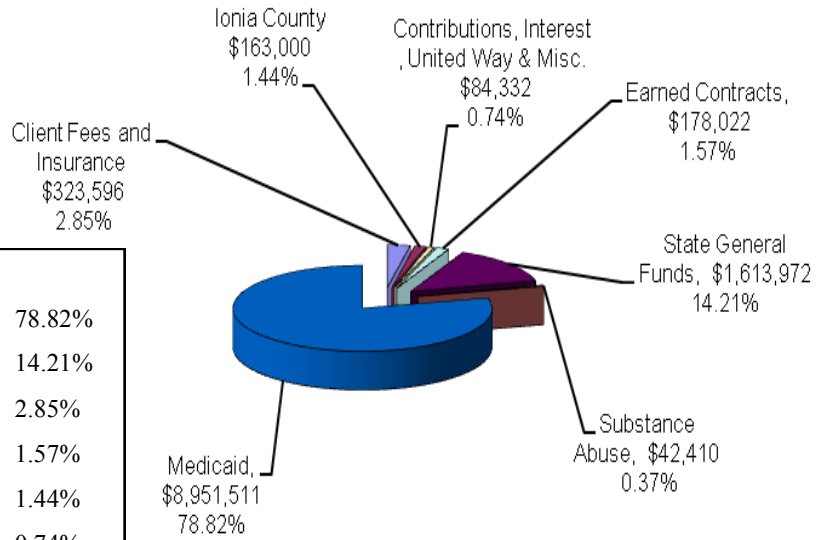
Consumers Served by Diagnosis FY 10



Consumers Served by Zip Code FY 10



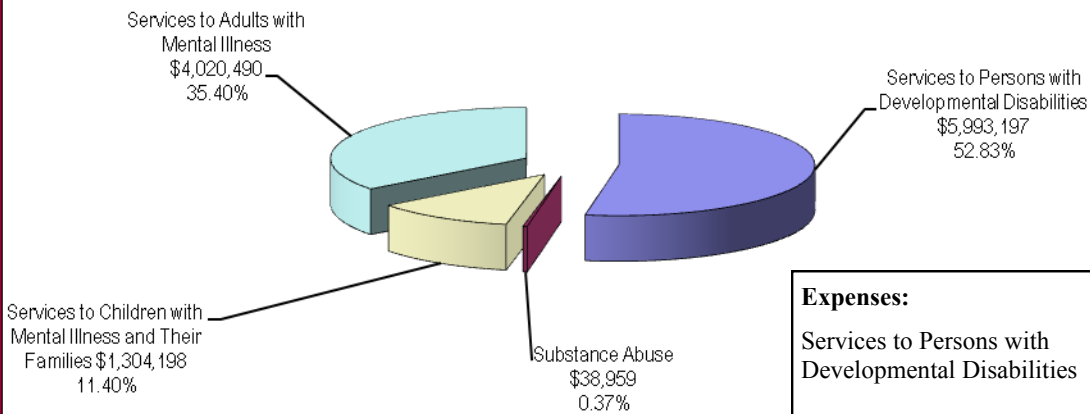
Ionia County Community Mental Health Revenues for FY 2010



Revenues:

Medicaid specialty supports	\$8,951,511	78.82%
State General Funds	\$1,613,972	14.21%
Client Fees and Insurance	\$323,596	2.85%
Earned Contracts	\$178,022	1.57%
Ionia County	\$163,000	1.44%
Contributions, Interest, Misc.	\$84,332	0.74%
Substance Abuse	\$42,410	0.37%
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	\$11,356,843	100.0%

Ionia County Community Mental Health Expenditures for FY 2010



Expenses:

Services to Persons with Developmental Disabilities	\$5,993,197	52.83%
Services to Adults with Mental Illness	\$4,020,490	35.40%
Services to Children with Mental Illness and Their Families	\$1,304,198	11.40%
Substance Abuse	\$38,959	0.37%
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	\$11,356,843	100.0%