



Ionia County Community Mental Health Report to the Community

2009 - 2010

Dear Friends of Ionia County Community Mental Health,

Nationally recognized research indicates that:

- Persons with a severe mental illness live an average of 25-years less than persons without a severe mental illness. Integration of Primary Care, Mental Health, and Substance Abuse Treatment offers the best hope to reduce this gap.
- Persons with a developmental disability live more content, full, and healthier lives in the community rather than in costlier and less humane institutions.
- Children with a severe emotional disturbance do better in every aspect of their lives, if their family is the target of services and preservation. While, nationally 40% of children who graduate from foster care at age 18 become homeless within three years.
- Older Adults who suffer from Alzheimer's and/or Dementia can live their lives in the community with more dignity if a wrap-around community-based approach is used.
- Half of all persons who are incarcerated have substance abuse/mental illness issues but receive little or no treatment while incarcerated or after release. A co-occurring treatment approach can avoid jail/prison with aggressive interventions coordinated between the legal, mental health, and substance abuse treatment systems.
- At risk infants and small children have better health, social, and school outcomes if parents receive early intervention and are served by highly trained Infant Mental Health specialists.

2,874 people received at least one service from Ionia County Community Mental Health (ICCMH) in 2009. An additional 838 persons requesting services were referred to other providers or resources in the community more suited to meet their needs. All calls requesting services at one of Ionia County Community Mental Health's three offices (Ionia, Belding, Portland) were answered last year by a trained staff person who personally assisted them with their inquiry. In spite of hard economic times we have turned no one away from our doors due to an inability to pay.

Ionia County Community Mental Health Board is committed to maintain its approach to achieve aggressive self-imposed organizational outcomes regarding: outreach to persons needing service through reducing the stigma of brain disease and the behavioral consequences when it is left untreated; integration with primary care; community inclusion for all persons who receive our services, the expansion of the capacity of our three offices; maximizing partnerships with all willing organizations in the community as we have done with children's services, older adult services, and for persons involved in the correctional system.

IONIA

375 Apple Tree Drive
Ionia, MI 48846
(616) 527-1790

BELDING

7441 Storey Road
Belding, MI 48809

PORTLAND

208 W. Bridge Street
Portland, MI 48875

24-HOUR TOLL-FREE CRISIS LINE

1-888-527-1790

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Chief Executive Officer

SAMHSA Visit

On May 7, 2009, Ionia County Community Mental Health (ICCMH) hosted representatives from the federal Office of Substance Abuse and Mental Health Administration (SAMHSA) and the Michigan Department of Community Health (MDCH). The purpose of the visit was SAMHSA's monitoring of the implementation of Federal Block Grants both at the State and Local level.

ICCMH was selected by MDCH as the sole representative of all Community Mental Health Boards in the State of Michigan.

SAMHSA assessed key areas of our organization, including, quality improvement, consumer and family involvement, coordination, continuity and treatment delivery for both adults and children, and Ionia County Community Mental Health's financial management. SAMHSA representatives commended ICCMH for the foresight in adopting advanced communication and medical records technology to support its staff and overall operations.

In their review of both children and adult service delivery systems, SAMHSA found strong interagency and community collaboration, a focus on consumers, and a commitment to families across all of ICCMH programs.

Aggression Replacement Therapy

In October, 2009 the Ionia County Community Mental Health Board was awarded a one-year \$50,000.00 Governor's Discretionary Grant to provide Aggression Replacement Therapy (ART).

The ART program consists of a 10-week, 30-hour intervention administered to middle-

school students grades 6-8th. The ten week sequence involves a core curriculum which incorporates three specific interventions: skill-streaming, anger control training, and training in moral reasoning.

Groups have been developed in Portland, Belding, and Lakewood

schools as well as the Ionia County Intermediate School District. Five additional groups are in planning stages, including one with Ionia County Juvenile Court.

The goal is to serve 160 children by the grant's end on September 30, 2010.

ICCMH welcomes DHS Worker

Ionia County Community Mental Health (ICCMH) welcomed Department of Human Services (DHS) worker Ellen Pyle to its Ionia Office.

Ellen is a 30-year veteran to DHS and is stationed at ICCMH under a Medical Assistance Review Agreement (MARA) between ICCMH and Ionia County DHS.

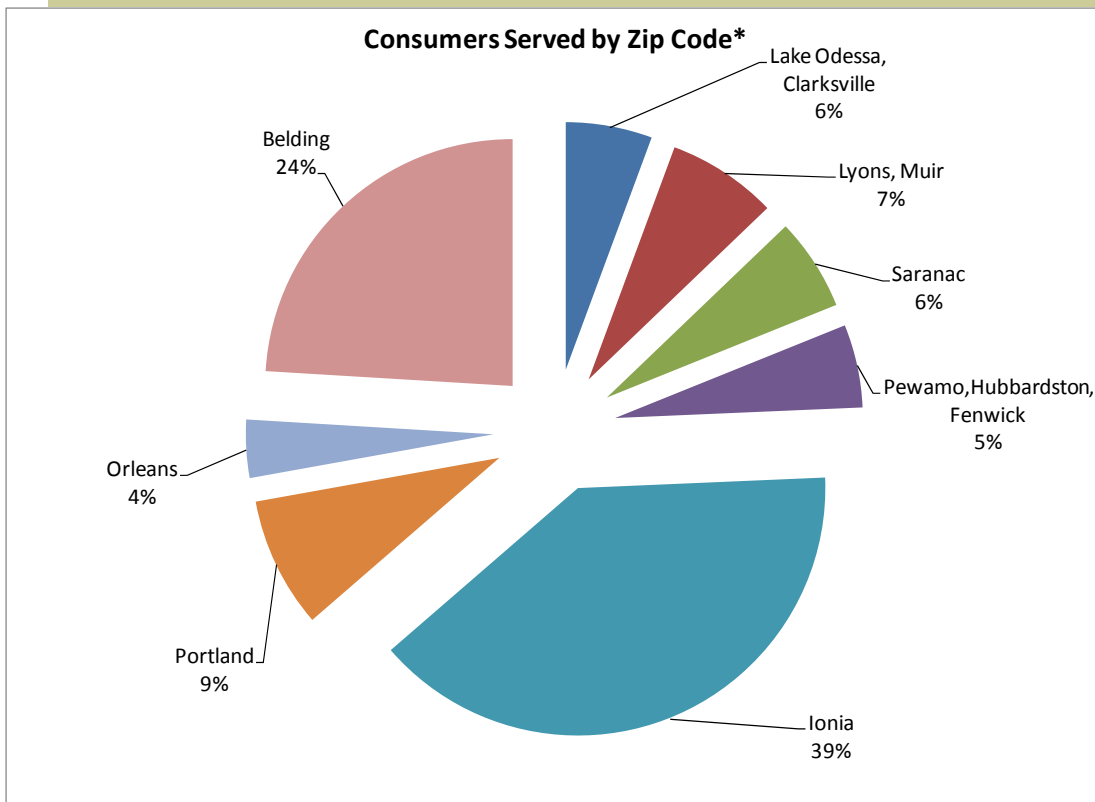
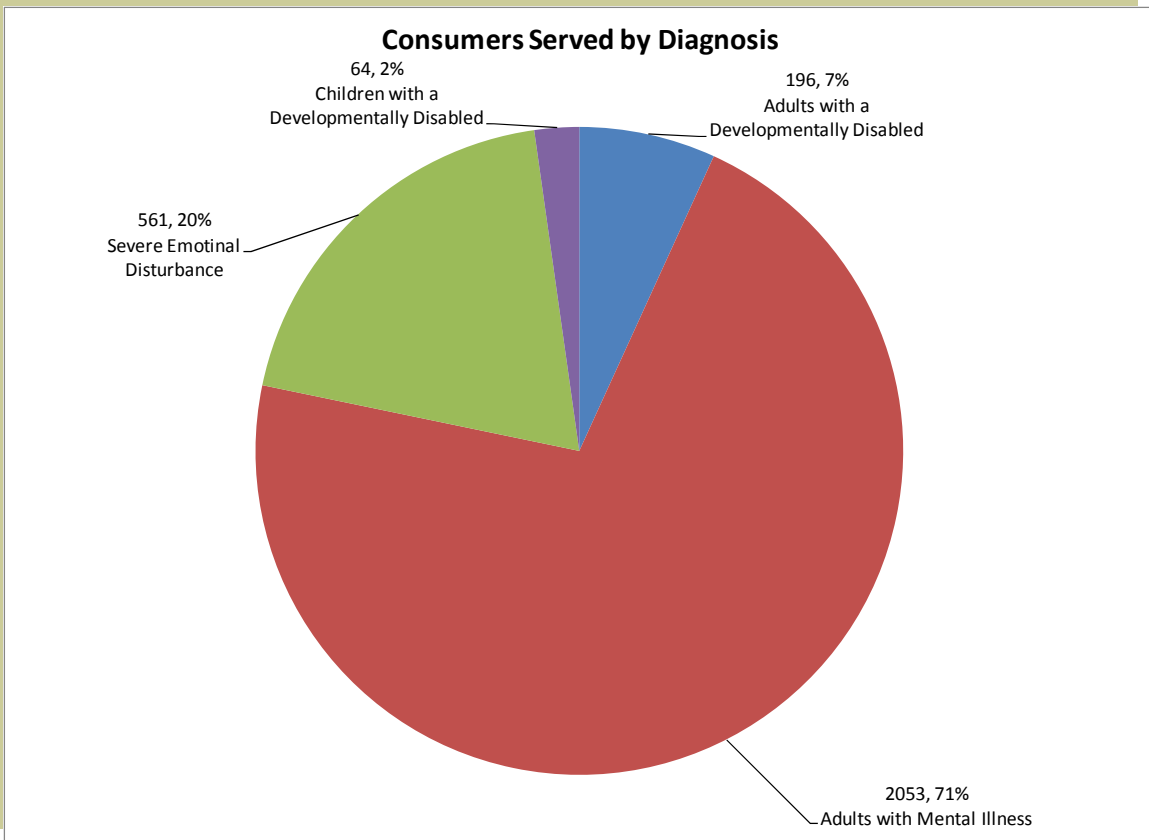
Ms. Pyle's work consists of working with ICCMH Consumers who are applying for DHS benefits and processing Medicaid cases with Medicaid deductibles. She is available to ICCMH consumers and case workers alike to explain DHS assistance.

"The Ionia County Community Mental Health Board has contracted with the

Montcalm/Ionia Department of Human Services agency to co-locate at Ionia County Community Mental Health's Ionia office a full-time Medicaid eligibility worker. This has been phenomenally successful in assisting our consumers." says CEO Robert S. Lathers, Ionia County Community Mental Health.



Ellen Pyle
DHS



* 2874 total consumers served in 2009.

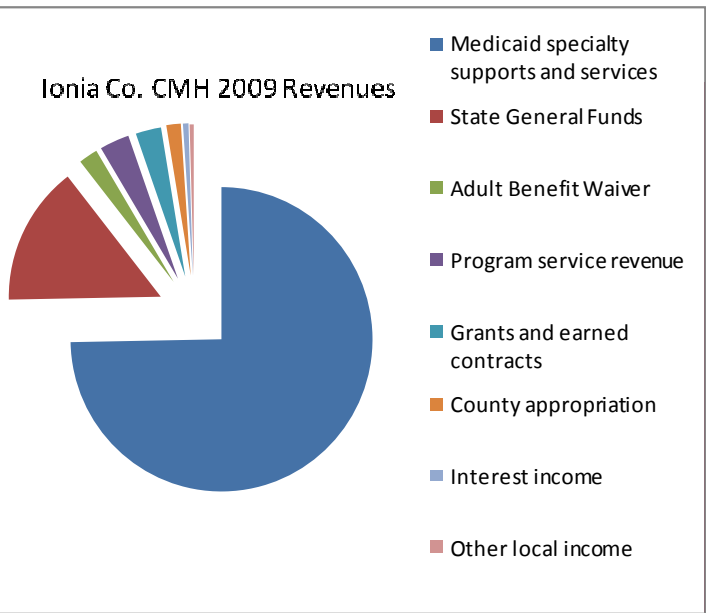
Community Mental Health is funded in part by the Michigan Department of Community Health.



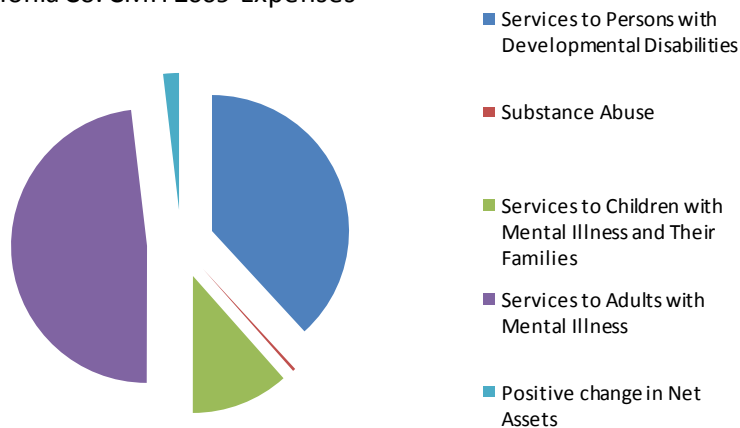
Ionia County Community Mental Health is a CARF Accredited member of the Community Mental Health Affiliation of Mid-Michigan, the Ionia County United Way and the Ionia Chamber of Commerce.

Revenues:

Medicaid specialty supports	7,933,218	74.69%
State General Funds	1,572,073	14.80%
Adult Benefit Waiver	213,790	2.01%
Program service revenue	337,804	3.18%
Grants and earned contracts	290,930	2.74%
County appropriation	163,000	1.53%
Interest income	62,018	0.58%
Other local income	48,297	0.45%
Total Revenue	10,621,130	100.0%



Ionia Co. CMH 2009 Expenses



Expenses:

Services to Persons with Developmental Disabilities	4,051,524	38.15%
Substance Abuse	35,101	0.33%
Services to Children with Mental Illness and Their Families	1,227,219	11.55%
Services to Adults with Mental Illness	5,109,285	48.10%
Positive change in Net Assets	198,001	1.86%
TOTAL	10,621,130	100.00%

Ionia County Community Mental Health continues to be recognized as a state-wide leader in providing Jail Diversion for persons with severe mental illness and in providing jail services for mental health related concerns in the Ionia County Jail.

Jail Diversion staff provided services to 436 individuals in 2009 who were involved in the local adult court system. These individuals were identified at time of incident with law enforcement, or at the time of arraignment, or during their first few

days in the jail, or by their probation officers.

Forty-seven (47) of these individuals qualified for intensive case management services through an ongoing grant to Ionia County Community Mental Health from Mid-South Substance Abuse Commission for persons with a co-occurring substance abuse/mental illness diagnosis.

“The partnership we have developed in Ionia County between the Sheriff’s Department, the Prosecutor’s Office, the Courts, and Ionia County Community Mental Health to address persons with mental illness in the legal system and the jail is the envy of many of my colleagues state-wide.”
Sheriff Dwain Dennis.

Exemplary Continuum of Care for Children and Families

In October 2009, Michigan Department of Community Health recognized Ionia County Community Mental Health as having an exemplary continuum of care for children and families. Ionia County Community Mental Health is the only Community Mental Health in Michigan to offer a continuum of services that includes infant mental health, school-based outreach, Autism behavioral and family support, wrap-around services for prevention of out-of-home placement, family respite care, in-home family therapy, children’s outpatient treatment, group treatment for parents and adolescents, juvenile justice coordination, licensed foster care, as well as residential and psychiatric inpatient. Ionia County Community Mental Health has seventeen (17) staff working in its children and family program that served 625 children and their families in 2009.

Friend of Community Mental Health

Ionia County Community Mental Health annually recognizes the achievements of an individual or an agency that has made a difference in the lives of ICCMH consumers.

The “Friend of Community Mental Health” for 2009 was presented to the Ionia County Community Theatre and its manager Gary Ferguson.

The Theatre hosted a special showing of “The Soloist” funded in part by Ionia County Community Mental Health in recognition of May is Mental Health Month in 2009. The Theatre also partnered with ICCMH to host a special showing of Disney’s “UP” to children with Autism and their families.



Left to right: CEO Robert S. Lathers; Larry Tiejema; and Gary Ferguson Ionia County Community Theatre Manager

Making Memories

Making Memories is a day camp designed specifically for persons with dementia. It is one component of the Forget-Me-Not WrapAround, a collaborative initiative between Ionia County Community Mental Health, Ionia County Commission on Aging, and the Alzheimer's Association of West Michigan.

The goal of the WrapAround is to enrich lives with a blend of formal (agency) and informal (family, friends, neighbors, community) supports and services to people experiencing Alzheimer's Disease and related dementias and their families rather than traditional models of care.

Local organizations, school and church groups, and individual community members, as coordinated by Ionia County Community Mental Health Older Adult Outreach Specialists, have come together to enhance the experience for Making Memories Day Camp participants. Music therapy, storytelling, cake decorating, interpretive dance, exercise, crafts, fishing, tractor viewing, antique car rides, kite making, gardening and musical performances are just some of the activities enjoyed by those

attending.

The program relies significantly on volunteer participation. Volunteers are utilized in a variety of roles, such as providing one-to-one support for a participant to more fully engage in activities, to those that have come to teach participants Wii, to local youth dance team members who perform and then stay and visit. Various nurses have volunteered their expertise to attend to the medical needs of participants. Local businesses and Churches have donated lunches, supplies, facilities and materials.

Making Memories Day Camps are held two times a month year round at Temple Baptist Church in Ionia, MI. Additionally, this year, we will be holding three week-long camps in the following locations in the County:
May 24-28, 2010 United Methodist Church-Portland

Aging in America Annual Conference

Ionia County Community Mental Health Older Adult Services staff presented at **Aging in America**, the 2010 Annual Conference of the National Council on Aging and the American Society on Aging in Chicago, Illinois.

Our workshop title was "Wraparound: Mobilizing Family and Community Networks to Support Persons with Dementia and Families."

August 9th-13th, 2010
Easton Methodist Church

September 27th-October 1st,
2010 Smyrna Bible
Church-Belding

If you know of someone that might benefit from Making Memories or Forget-Me-Not WrapAround, or are interested in volunteering or donating, please contact Becky Flint at 616-527-1790.

In 2010, the Stockton Charitable Trust provided a \$1000.00 grant to fund the Making Memories Day Camp.



2009 Making
Memories Day Camp

Ionia County Community Mental Health Officers 2010



Left to right: Deborah McPeek-McFadden, Secretary; Melissa McKinstry, Vice-Chairperson; and Susan Meagher, Chairperson